



# Asperger Syndrome and Difficult Moments: Practical Solutions for Tantrums, Rage, and Meltdowns

*Brenda Smith Myles Ph.D., Jack Southwick*

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## **Asperger Syndrome and Difficult Moments: Practical Solutions for Tantrums, Rage, and Meltdowns**

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This expanded edition of the bestselling AAPC classic offers both parents and professionals tried-and-true solutions to minimize and circumvent the often frightening circumstances that surround the rage cycle – not only for the child with Asperger Syndrome but others in the environment as well. In addition to almost doubling the section on interventions, this highly practical and user-friendly resource also focuses on the reactions of the adults around the child. This detailed book takes the reader through the stages of the rage cycle and emphasizes the importance of utilizing the teachable moments before and after a rage episode.

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