



Thyroid Disease: The Unhealthy Thyroid: The most important information you need to improve your health (The Everything® Healthy Living Series)

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If you or a family member has been diagnosed with thyroid disease, you may feel overwhelmed by the challenges ahead. The Everything® Healthy Living Series is here to help. These concise, thoughtful guides offer the expert advice and the latest medical information you need to improve your health.

Inside you'll find expert advice and helpful tips on factors that can increase your risk of thyroid disease, how complications with your thyroid can affect the rest of your body, and when it's time to talk to your doctor. Living with thyroid disease can be challenging, but with the right guidance you can live a happy and healthy life.

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