

Facing Learning Disabilities in the Adult Years: Understanding Dyslexia, ADHD, Assessment, Intervention, and Research.

Joan Shapiro, Rebecca Rich

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Between five and eleven million individuals in this country struggle with learning disabilities throughout adulthood, and it is estimated that two to three percent of incoming college freshman are learning disabled. In fact, learning-disabled adults are the fastest growing population of disabled university students. But unlike in the past, learning disabilities are now well understood, and there is a great deal of help available for the disabled--if they can find it.

Written in a readable and friendly style, *Adults With Learning Disabilities* is an invaluable resource not only for learning disabled adults, but also highschool and college students with learning disabilities, parents, professionals across disciplines, and the lay public. Here is the most up-to-date information on the causes and symptoms of learning disabilities, specific conditions such as attention-deficit/hyperactivity disorder and dyslexia, a review of definitions, an update of research and advances in the neurosciences, assessment and intervention, pertinent legal issues, making college and employment plans, the role of professionals, and much more. The authors review metacongnitive theory and emphasize the role of strategic approaches to learning both in and out of school. Clinical examples make a compelling case that individuals with learning disabilities can--and do--attain significant levels of success.

New research consistently demonstrates that access to information and knowledge about learning disabilities is essential for success and self-fulfillment. Written by educators with extensive experience, this book offers a rigorous, comprehensive treatment of the field of learning disabilities.



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