



# Dolce Vita Diaries: The Recipes

*Cathy Rogers, Jason Gibb*

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**Dolce Vita Diaries: The Recipes** Cathy Rogers, Jason Gibb

A selection of delicious Italian recipes, inspired by one couple's journey of a lifetime

In 2005, Cathy and Jason threw in successful careers as TV presenters and producers to become olive farmers in Italy. With their one year old daughter and Italian dictionary in tow, they found themselves in the middle of a European nowhere untouched by modernity.

This exclusive low-price ebook gathers together the more than 50 delicious Mediterranean-inspired recipes that feature in the full 'Dolce Vita Diaries'.

Recipes include:

- Pan-fried trout with polenta crust and almonds
- Onion and sapa tart
- Real ketchup with Italian tomatoes
- Strawberry pannacotta with balsamic
- Saffron risotto
- Fig jam

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