

The Four Global Truths: Awakening to the Peril and Promise of Our Times

Darrin Drda



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The Four Global Truths: Awakening to the Peril and Promise of Our Times Darrin Drda With the planet increasingly threatened with catastrophe and perhaps even collapse, many seekers are looking to past, proven models to create meaningful change in their lives. One such model is Buddhism's Four Noble Truths: the reality of suffering, the root cause of suffering, the end of suffering, and the path to the end of suffering. This fresh, timely book taps and modifies that ancient wisdom to address the pressing environmental and spiritual crises facing us.

In *The Four Global Truths*, author Darrin Drda contends that as global temperatures rise and natural systems decline, humanity is forced to confront the destructiveness of unfettered material progress and mechanistic thinking. He posits a more enlightened worldview that honors the interdependence of all forms of life and aspects of reality, a concept increasingly see as a practical and compassionate approach to averting disaster. Writing in a warm, open style recalling that of Eckhart Tolle in *The New Earth*, Drda integrates elements of Western philosophy, transpersonal psychology, deep ecology, modern cosmology, and quantum physics to get at the heart of worldwide ecological suffering. In the process he encourages a responsible and joyful—and ultimately healing—participation in this critical moment in life.

About the Imprint:

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