



Enemy, Cripple, & Beggar: Shadows in the Hero's Path

Erel Shalit

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In *Enemy, Cripple, & Beggar: Shadows in the Hero's Path*, Erel Shalit provides new thoughts and views on the concepts of Hero and Shadow. From a Jungian perspective, Fisher King Press publication elaborates on mythological and psychological images. Myths and fairy tales explored include Perseus and Andersen's The Cripple. You'll also enjoy the psychological deciphering of Biblical stories such as Amalek - The Wicked Warrior, Samson - The Impoverished Sun, and Jacob & the Divine Adversary. With the recent discovery of The Gospel of Judas, Dr. Shalit also delves into the symbolic relationship between Jesus and Judas Iscariot to illustrate the hero-function's inevitable need of a shadow. Clinical material concerning a case of a powerful erotic counter-transference is also an integral part of this deeply insightful body of work.

The Hero is that aspect of our psyche, or in society, who dares to venture into the unknown, into the shadow of the unconscious, bringing us in touch with the darker aspects in our soul and in the world. In fact, it is the hero whom we send each night into the land of dreams to bring home the treasures of the unconscious. He, or no less she, will have to struggle with the Enemy that so often is mis-projected onto the detested Other, learn to care and attend to the Cripple who carries our crippling complexes and weaknesses, and develop respect for the shabby Beggar to whom we so often turn our backs - for it is the 'beggar in need' who holds the key to our inner Self.

As with Erel Shalit's previously published book *The Complex: Path of Transformation from Archetype to Ego*, comprehensive views of the concepts and images of the Shadow and the Hero are provided and theory further explored. While directed toward an audience of analysts and Jungian oriented psychotherapists and clinicians, *Enemy, Cripple, & Beggar: Shadows in the Hero's Path* can be comfortably read as well by an informed lay public interested in Analytical Psychology and Psychoanalysis, and by those interested in the interface between psychology and mythology, and psychology and religion.

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