



Leaning into Sharp Points: Practical Guidance and Nurturing Support for Caregivers

Stan PhD Goldberg

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Whether you're coping with a loved one who has received a terminal diagnosis, has a long-term illness or disability, or suffers with dementia, caregiving is challenging and crucial. Those who face this responsibility, whether occasionally or 24/7, are brushing up against life's sharpest point. In this book, Stan Goldberg offers an honest, caring, and comprehensive guide to those on this journey. Everyone wants to "do the right thing," and this book provides the often-elusive how-to; from bedside etiquette to advice on initiating difficult conversations, caring for oneself while caring for another, navigating rapid changes in your loved one's condition, and even offering "permission" for them to die. Goldberg's stories demonstrate how to address the most difficult topics and will facilitate more open and useful communication and caregiving.

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