



# Banish Clutter Forever: How the Toothbrush Principle Will Change Your Life

*Sheila Chandra*

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Why is it that even the most disorganised person never seems to lose their toothbrush?

How can this simple fact solve all our clutter problems?

The Toothbrush Principle is a simple yet inspired approach to de-cluttering your home. Whether you live in a mansion or a bedsit, this book will show you how to: organise according to the unconscious blueprint that naturally tidy people have, so that getting and staying organised is easy; know what to throw away with confidence; set up your wardrobe so you get much more use out of the clothes you have; work from home productively in a clear, designated space; tame your inbox!

Step-by-step, room-by-room, you'll soon find that you hardly ever lose things, massive clear outs become a thing of the past and you never spend more than 10 minutes a day tidying up.

So stop drowning in piles of clutter, learn how to be organised and start creating space to live out the life of your dreams!

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Have you spare time for a day? What do you do when you have far more or little spare time? That's why, you can choose the suitable activity with regard to spend your time. Any person spent their particular spare time to take a go walking, shopping, or went to typically the Mall. How about open as well as read a book allowed Banish Clutter Forever: How the Toothbrush Principle Will Change Your Life? Maybe it is being best activity for you. You already know beside you can spend your time using your favorite's book, you can smarter than before. Do you agree with it is opinion or you have different opinion?

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